

MENS SANA IN CORPORE SANO



The MARATHENY Society was established in 1991 and it set a goal to investigate a possibility of the unconventional rest. There occurred a great idea to organize the Marathon run along the original route in 1996 and its annual repetitions until 2010, when it was 2500 years since the Battle of Marathon, where all began.



The sufficiency of liquids and minerals is important for each marathon runner. The state of health of all participants was carefully monitored and recorded. A nervousness before the start is understandable. No one knows what will follow next 5-8 hours. The heavy traffic of Athens is reflected in the route and someone loses the blue line after running a few kilometers.



The aim of the unconventional rest is not only an attempt to develop physical abilities of the participants, but also the efforts to enrich their knowledge. Therefore, we visit places with rich history, for example Thermopylae, the battlefield and spa



When you say Delphi, everybody recalls the mythical goddess Pallas Athena that many temples are dedicated to, and of course, the Pythia oracle could not miss before any important event. Will this priestess be in favor of our plans?



Greeks rightly thought that the anniversary Olympic Games will be held again in Greece after 100 years, and so they nearly completed a new stadium in Marathon. The stone line is the start of the marathon and the blue one leads us to the finish.



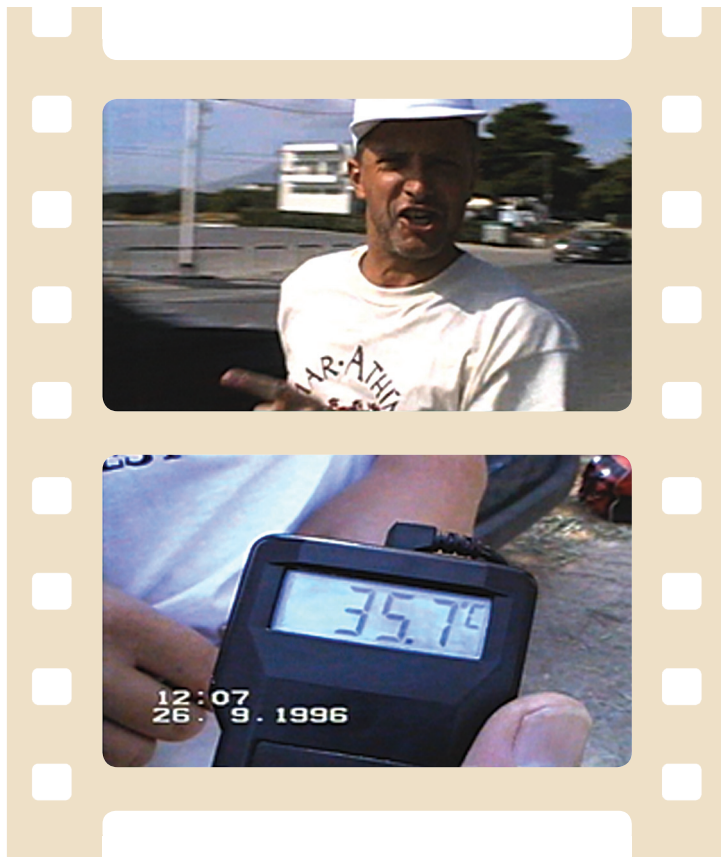
The huge Olympic stadium tempts to ponder the fate of the ancient athletes. Were they heroes who the crowd applauded to? Were they men who all women knelt to at their feet? Or were they mere puppets in the hands of beckoning emperors?



*We chose the glass runner
in the center of Athens
as the starting point of our run.
Everyone had to make
his own decision which way to go,
whether in the footsteps
of the history or the future.*



Our plan to conquer the Acropolis barefooted was foiled by a vigorous whistle of a voluntary guardian. This way the past walked and now we are trying to form the future and a new tradition.



Our runners are in the middle of the track, which an Athenian warrior had to travel from Marathon to Athens to announce the today known fact. The high air temperature makes a little trouble to Central Europeans.



*The desired goal is here.
Everyone reached the finish.
Someone explored other parts
of the route.
They might look for shorter,
perhaps more enjoyable ones.
We understood that
we can achieve the impossible,
only we have to wish!*



*How better we could express
our respect to Greek gods than
to return back, after the expansion
of mass tourism,
their ancient seat where it belongs.
Every tourist is eager to have a piece
of the Mount Olympus at home,
in his garden,
so we again embellished the seat
of the Greek gods
with stones from Prague.*

